

Dear Sally,
t is a complete fallacy that skinny
jeans are only for skinny, modelesque people. In reality, skinny jeans
are actually very versatile and suit
all body shapes and sizes — you simply
need to find the right pair that can enhance
your figure. Here are some good tips:

Choose a pair made from a stiff, nonstretchy fabric. The heavy denim would support your lower half, holding in any bulges to give the illusion that you are a size smaller, and a lot slimmer and more svelte. Do, however, remember to alter the jeans to fit you snugly if you really want to maximise this effect.

2 Go for high-waisted jeans because they make your limbs appear longer. This way you would look taller than you actually are.

When it comes to colour, pick dark shades like deep indigo or black as they make the wearer look slimmer. Wear them with tops in similar colours as they serve to visually elongate your body.

Avoid styles with big pockets around the derrière as well as fussy details around the hips as they will make your tush look broader. Vertical details in the form of stitchings, embellishments and prints that run down the jeans are what you want to look for instead.

5 Finally, the *pièce de résistance*: Super-high platform heels and wedges. Paired with jeans of a similar colour, such high heels will definitely create the impression of endless pins.

As an added tip, some of my favourite places to buy cult label jeans are Inhabit, Tribeca, and Bread and Butter. Levi's also has some fantastic choices if you don't want to break the bank, especially with its new Curve ID system, which provides custom fits for three distinct body types. So you have no excuse not to run out and get a pair now!

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